



# ABOUT PETANQUE

## PETANQUE

Is a sport in which 3 plays against 3 (triples). It can also be played by 2 players against 2 players (doubles) and 1 player against another (singles)

Petanque is a low impact pastime that can be good for anyone interested in doing exercise or just for recreational enjoyment. An average game can do in excess of 600 steps, equivalent to over half a mile.



East Riding of Yorkshire Council will, on request, provide this document in braille or **large print**.

If English is not your first language and you would like a translation of this document, please telephone **01482 393939**

**GOOLE LEISURE CENTRE**

**NORTH STREET GOOLE DN14 5QX TELEPHONE: 01405 769005**



## INFORMATION

Petanque can be made as serious as the participants want it to be. Petanque is designed for the whole family to play from beginner right through to the highly competitive competition player.

*“You don’t have to be super fit”*

Customers can hire out the court from early morning and is available 7 days a week. The area is wheelchair friendly and is very popular amongst our disabled groups. Equipment is available to hire for just a few pounds.

*“A great pastime for all ages for exercise of recreation”*

**Come have a go...**

This outdoor game is a great pastime for all ages and excellent as alternative family entertainment. A list of rules are available from reception.

For more information about booking a court or just about Petanque please contact Goole Leisure Centre on the following number **01405 769005**

[www.gooleleisurecentre.co.uk](http://www.gooleleisurecentre.co.uk)

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